



MUSIC REPORT

NOVEMBER 23, 2021





BUSINESS UPDATES:

**2019 MUSIC REVIEW
INSTRUMENT COLLECTION
STAFFING / TOC LIST
MUSIC SPECIFIC PRO-D
ARTSTARTS
INDIGENIZING MUSIC PROJECT**

CONFERENCE:

**FEBRUARY 17/18, 2022
VICTORIA**

**[HTTPS://HVAZQUEZ74.WIX
SITE.COM/EVERYTHINGCO
NNECTED](https://hvaazquez74.wixsite.com/everythingconnected)**



EVERYTHING IS CONNECTED

A Music Education Conference

**2020 REPORT TO THE BOARD
INCLUDED DATA:**

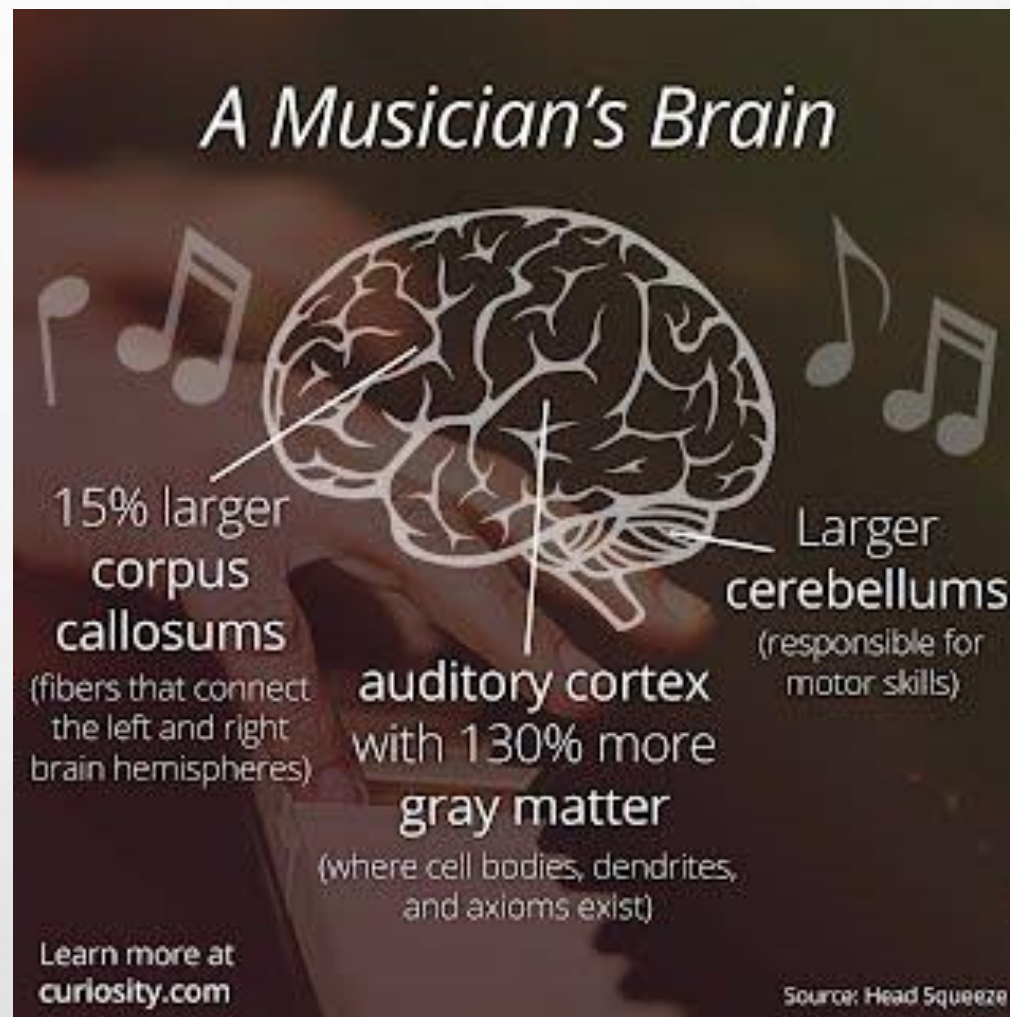
MUSIC MAKES US SMARTER

**UBC RESEARCH 2019, HIGHER TEST
SCORES FOR MUSICIANS IN
BC SCHOOL MUSIC ENSEMBLES**

**JUSTIFICATION BY MEANS OF CURRENT
MEASURES OF STUDENT SUCCESS...**

**MUSIC SUPPORTS LITERACY AND
NUMERACY**

**TRUTHFULLY, THIS HAS NOTHING TO DO WITH WHY I'M HERE
DOING THIS WORK TODAY**



IT ALSO MAKES US HEALTHIER AND HAPPIER...

THE SOCIAL BRAIN AND MUSIC

● EMPATHY CIRCUITS

Empathy is implicated in affective responses to music and promotes interpersonal musical coordination.

● OXYTOCIN

Oxytocin is secreted during group choral and improvisational singing.

● CORTISOL

Cortisol levels are decreased during group listening and singing.

A DYNAMIC PROCESS:



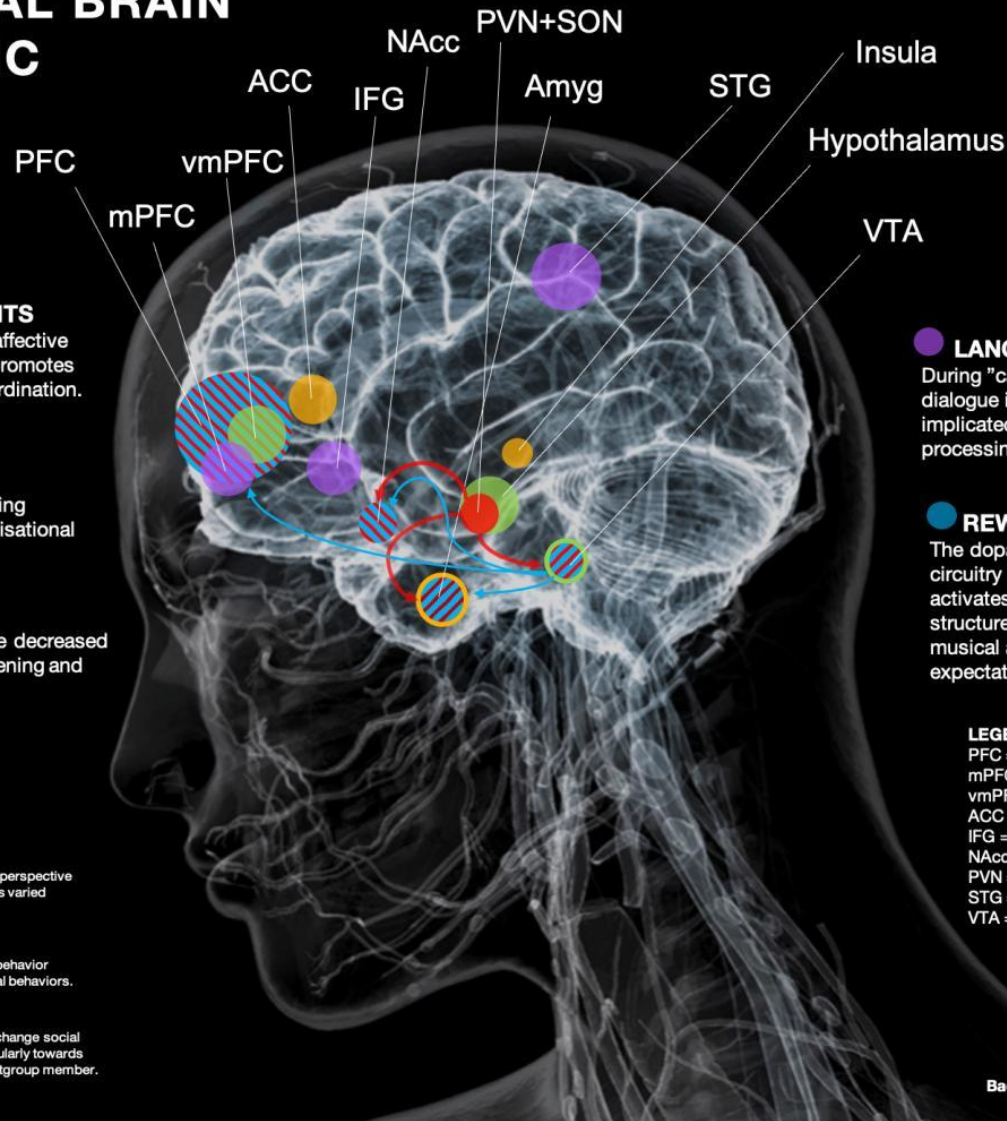
Brain
Group music making, including perspective taking and coordination involves varied processes in the brain.



Behavior
Brain activity modulates social behavior including empathy and prosocial behaviors.



Culture
These complex processes can change social perception and behavior, particularly towards someone perceived to be an outgroup member.



● LANGUAGE STRUCTURES

During "call and response" style musical dialogue in dyads, brain structures directly implicated in syntactic but not semantic processing of language are activated.

● REWARD

The dopaminergic reward circuitry drives motivation, activates language-related structures, and is implicated in musical anticipation and expectation.

LEGEND:

PFC = prefrontal cortex
mPFC = medial prefrontal cortex
vmPFC = ventromedial prefrontal cortex
ACC = anterior cingulate cortex
IFG = inferior frontal gyrus
NAcc = nucleus accumbens
PVN = paraventricular nucleus
STG = superior temporal gyrus
VTA = ventral tegmental area

→ Mesocorticolimbic dopaminergic pathways

→ Oxytocinergic pathways

Background artwork by Bryan Christie Design
Overlay design by Dr. David M. Greenberg

WIRED FOR CONNECTION

- **NEUROSCIENCE CONFERENCE 2019:**
- “HUMAN BEINGS ARE WIRED TO CONNECT – AND WE HAVE THE MOST COMPLEX AND INTERESTING SOCIAL BEHAVIOR OUT OF ALL ANIMALS,”
- “THIS SOCIAL BEHAVIOR IS A CRITICAL PART OF OUR ADAPTIVE TOOLKIT. IT ALLOWS US TO COME TOGETHER AND DO THINGS THAT WE WOULDN’T BE ABLE TO DO ON OUR OWN.....”



WIRED FOR CONNECTION... THROUGH MUSIC

- **MUSIC THERAPY BEGAN TO BE USED IN HOSPITALS IN THE 1940'S AFTER WW II TO HELP HEAL VETERANS.**
- **MUSIC HAS BEEN SHOWN TO SPEED HEALING, INCREASE OPTIMISM, DECREASE PAIN, DECREASE ANXIETY AND DEPRESSION, IMPROVE CREATIVITY AND OVERALL HAPPINESS AND WELL BEING**
- **DIFFERENCE BETWEEN LANGUAGE AND MUSIC: MUSIC IS FOUND THROUGHOUT THE BRAIN WHEREAS LANGUAGE IS LOCALIZED:**

PATIENTS WHO HAVE EXPERIENCED STROKES AND CANNOT SPEAK ARE STILL ABLE TO SING ALL THE WORDS TO SONGS. THANKS TO THE NEUROPLASTICITY OF OUR BRAINS, WE ARE ABLE TO USE MUSIC TO FORM 'DETOURS' AROUND THE DAMAGED AREAS, CREATING NEW NEURAL PATHWAYS THAT ALLOW US TO REHABILITATE SPEECH BY STARTING WITH SINGING.

- **THE MENTAL HEALTH BENEFITS OF MUSIC MAKING ARE INCREDIBLY IMPORTANT IN OUR CURRENT WORLD STATE WHERE LONELINESS, ANXIETY AND DEPRESSION ARE ON THE RISE, ESPECIALLY IN OUR YOUTH**
- **QUALITY MUSIC EDUCATORS AND THEIR PROGRAMS HELP KEEP KIDS IN SCHOOL**

The background of the image is a close-up, slightly blurred view of an open book. The pages are filled with musical notation, including staves and notes. The colors are warm, with a mix of reds, oranges, and yellows, suggesting a vintage or classic feel. The text is overlaid on a semi-transparent orange rectangular area in the upper right portion of the image.

HOLD UP....
HAS ANYONE NOTICED
THAT SHE IS WEARING A
HOODIE TO A FORMAL
BOARD MEETING?



WIRED FOR CONNECTION



PROGRAM UPDATES:

**CBC MUSIC CHALLENGE
CBC MUSIC INTERVIEW
WHAT'S HAPPENING IN OUR SCHOOLS
COMMUNITY ENGAGEMENT**

BASTION:

“SMALL BUT MIGHTY”



HILLCREST:

"SAFE AND SOUND"

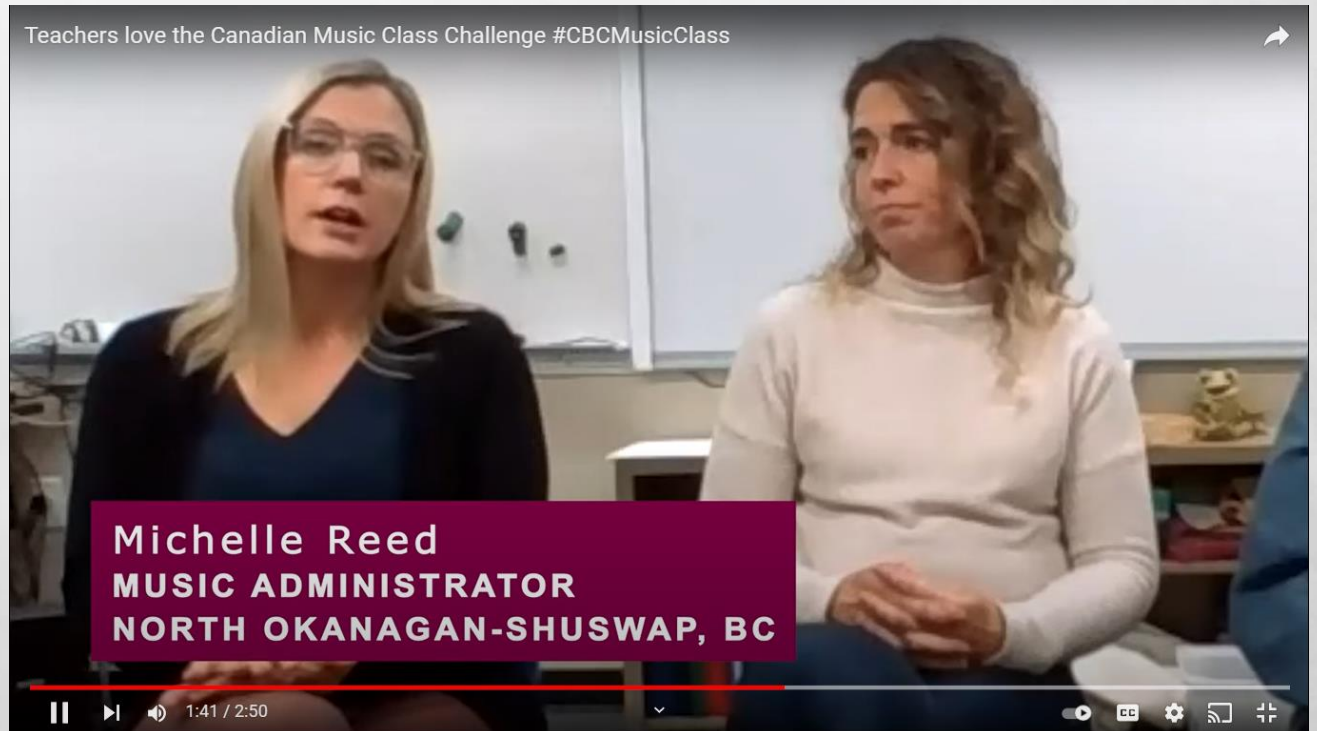
[HTTPS://YOUTU.BE/EWV9NUGWZYY](https://youtu.be/EWV9NUGWZYY)



CBC MUSIC INTERVIEW:

**“SD 83 MUSIC
LEADING THE WAY”**

[HTTPS://YOUTU.BE/LCXZ2N8QJDG](https://youtu.be/LCXZ2N8QJDG)



NORTH SHUSWAP:
SCHOOL CHOIR



SORRENTO:

**“SWEET HOME
SORRENTO”**

**CAMPFIRE
CONCERT**



ALF BAND:

**BAND PLAYS FOR SCHOOL
ASSEMBLY**

CHOIR/JAZZ



RANCHERO:

KINDERGARTEN KIDDOS

**“5 LITTLE PUMPKINS”
WITH MUSTACHES**



JACKSON:

FIRST LIVE CONCERT

**GUITAR
CHOIR**



ALF DRUMLINE:

UBC-O SHOW

**SA WINTER FUN FEST
WITH SAS MUSICAL
THEATRE**

CGT

[HTTPS://WWW.FACEBOOK.COM/ALFORTUNEMUSIC/VIDEOS/482660616290914](https://www.facebook.com/alfortunemusic/videos/482660616290914)



SD83 MUSIC STAFF:

**TREBLE CLEF CONCERTS
THIS DECEMBER**

“THOSE WHO CAN”



TEACHER LEADS...



WINTER CONCERT UPDATE

SEE HANDOUT

**HIGHLAND PARK
HILLCREST
SORRENTO**



MUSICAL THEATRE:

JANUARY 2022

PVSS: GOLLY GEE WHIZ! (55)

SAS: BACK TO THE 80'S (25)

ALF : MATILDA (60)

THANK YOU FOR SUPPORTING MUSIC

“SD 83 RECOGNIZES THE INTRINSIC VALUE OF MUSIC EDUCATION”

