

IMPORTANT DATES

February 14

Have a Heart Day

MMIWG2S+ Memorial March

Valentine's Day

February 17

Random Acts of Kindness Day

February 22

Pink Shirt Day

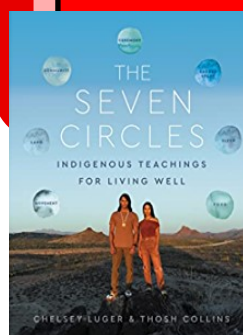
February 20

Louis Riel Day

Self-Learning

The Seven Circles: Indigenous Teachings for Living Well

By Chelsey Luger and
Thosh Collins

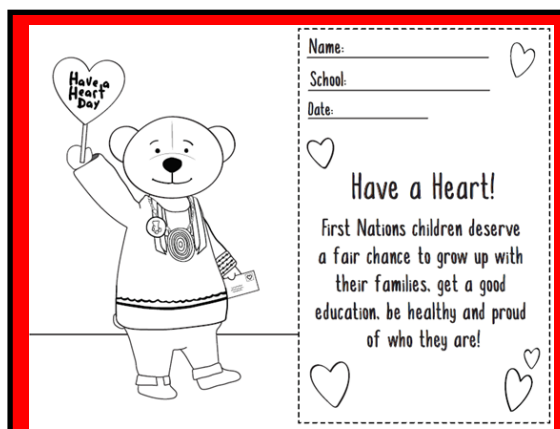


TRC Newsletter

Have a Heart Day 2023

HAVE A HEART DAY, celebrated each year since 2012, is a child and youth-led reconciliation event that brings together caring Canadians to help ensure First Nations children can grow up safely at home, get a good education, be healthy, and be proud of who they are. The First Nations Child and Family Caring Society works to ensure the safety and well-being of First Nations youth and their families through education initiatives, public policy campaigns and providing quality resources to support communities. The Caring Society has a variety of education resources available for Have a Heart Day!

[Follow this link to HAVE A HEART DAY RESOURCES.](#)



RECOMMENDED RESOURCES

There are 2 new Orange Shirt Day Books available at the DRC. *With Our Orange Hearts* is gentle story about sharing feelings suitable for K-1, and *Beyond the Orange Shirt Story* is a collection of stories from Phyllis Webstad's family and friends suitable for grades 7-12.



Indigenous Hockey Cards

Hockey cards are not just collector's items, but they are also a way of preserving hockey history, and Upper Deck, in collaboration with the players and families, plans to roll out limited edition hockey trading cards to celebrate Canadian Indigenous players. The Upper Deck NHL First Peoples Rookie Cards will honor eight players, including former NHL coach of the year Ted Nolan, Jason Simon, Dan Frawley,

Johnny Harms, Danny Hodgson, Victor Mercredi, Rocky Trottier, and Bill LeCaine, players whose moment in hockey card history was never captured. The cards were produced in conjunction with the hockey players and their families. Indigenous artist Jacob Alexis, from the Alexis Nakota Sioux Nation, designed them, and Indigenous card collector Naim Cardinal, a member of Tallcree First Nation, wrote the card backs. [Source](#)



Annual SD83

ORANGE SHIRT DAY

T-SHIRT DESIGN CONTEST



The contest is open to all students and the chosen design will be printed on the 2023 SD83 Orange Shirt Day T-shirt. Students can create their designs on the flyer, and then take their submission home to get signed by a parent. TRC Allies in each school will collect the submissions. The deadline for submissions is February 16.

Orange Shirt Day T-Shirt Contest design flyers are available in the "Orange Shirt Day" folder in the Indigenous Education channel in the SD83 Curriculum Resources Team, or from your school's TRC Ally.

Change the Bill

The 'Change the Bills' project, run by the Native Women's Association of Canada (NWAC), uses art to promote the contributions and accomplishments of Indigenous women. The work is on exhibition in Toronto and each of the Indigenous artists who responded to the call out for submissions chose an Indigenous woman who they wanted to recognize as a hero. Indigenous people have been represented on Canadian banknotes only a handful of times and an Indigenous woman has never been featured.

[\(Source\)](#)



Secondary Pro-D Opportunity

Will you be teaching one of the Indigenous-Focused Graduation Requirement courses in the future? There is a local pro-d opportunity on February 17 at ALF to explore courses like BCFP12 and English FP. This workshop will give you a chance to work with other teachers and do some long-term planning. You can sign up on the [SD83 In-Service calendar](#).